

V Troféu Praia da Nazaré  
Nazaré, 28.11.2009

1 - Sessão Única

28.11.09 - 15:00

Prova 1  
28.11.09 - 15:00

Femin., 200m Estilos

Absolutos  
Resultados

Pontos: FINA 2009

Lugar	Ano	Tempo final	Pts
1. SILVA, Mara Lisboa e 50m: 32.22 32.22 100m: 1:09.37	93 Bairro dos Anjos	<b>2:28.41</b> 37.15 150m: 1:53.50 44.13 200m: 2:28.41	632 34.91
2. MIRANDA, Ana Marta 50m: 33.13 33.13 100m: 1:12.99	96 Uniao Piedense	<b>2:34.03</b> 39.86 150m: 1:58.36 45.37 200m: 2:34.03	566 35.67
3. ELOI, Ana Monica 50m: 34.91 34.91 100m: 1:17.00	96 Desportivo Náutico da Marinha	<b>2:40.64</b> 42.09 150m: 2:02.89 45.89 200m: 2:40.64	499 37.75
4. MALLÉN, Julia Rodrigues 50m: 38.57 38.57 100m: 1:20.55	96 Colégio Vasco da Gama	<b>2:47.03</b> 41.98 150m: 2:11.15 50.60 200m: 2:47.03	444 35.88
5. SILVA, Mariana Maia e 50m: 36.69 36.69 100m: 1:20.72	94 Pimpões/Cimai	<b>2:47.79</b> 44.03 150m: 2:09.68 48.96 200m: 2:47.79	438 38.11
6. CARDIGO, Erica Fontainhas 50m: 40.44 40.44 100m: 1:25.69	96 Scalabisport	<b>2:50.48</b> 45.25 150m: 2:11.98 46.29 200m: 2:50.48	417 38.50
7. FERREIRA, Liliana Sofia 50m: 38.18 38.18 100m: 1:22.67	97 Pimpões/Cimai	<b>2:52.61</b> 44.49 150m: 2:13.92 51.25 200m: 2:52.61	402 38.69
8. ANTUNES, Mariana Fernandes 50m: 37.52 37.52 100m: 1:21.30	95 Scalabisport	<b>2:53.09</b> 43.78 150m: 2:14.85 53.55 200m: 2:53.09	399 38.24
9. RELVA, Melissa Cardoso 50m: 38.15 38.15 100m: 1:24.41	97 Académico de Leiria	<b>2:53.77</b> 46.26 150m: 2:14.58 50.17 200m: 2:53.77	394 39.19
10. DUARTE, Ines Serra 50m: 37.02 37.02 100m: 1:21.96	98 Clube Naval da Nazaré	<b>2:55.81</b> 44.94 150m: 2:12.82 50.86 200m: 2:55.81	380 42.99
11. RIBEIRO, Mara Casimiro 50m: 39.62 39.62 100m: 1:28.20	97 Natação de Alcobaça	<b>3:02.27</b> 48.58 150m: 2:24.61 56.41 200m: 3:02.27	341 37.66
12. MATIAS, Beatriz Duarte 50m: 44.43 44.43 100m: 1:31.84	97 Núcleo Pombal	<b>3:03.44</b> 47.41 150m: 2:23.07 51.23 200m: 3:03.44	335 40.37
13. CACHÃO, Catarina Isabel 50m: 45.36 45.36 100m: 1:36.19	98 Palmela Desporto.EM	<b>3:28.52</b> 50.83 150m: 2:39.73 1:03.54 200m: 3:28.52	228 48.79
DSQ GOMES, Carolina Francisco	95 Clube Naval da Nazaré	<i>No percurso de Bruços, a nadadora só tocou com uma mão na parede</i>	
EXH FERNANDES, Rita Silva 50m: 38.07 38.07 100m: 1:20.97	96 Colégio Vasco da Gama	<b>2:48.06</b> 42.90 150m: 2:11.53 50.56 200m: 2:48.06	435 36.53

Prova 2  
28.11.09 - 15:15

Masc., 200m Estilos

Absolutos  
Resultados

Pontos: FINA 2009

Lugar	Ano	Tempo final	Pts
1. MENDES, Joao Pedro 50m: 29.85 29.85 100m: 1:05.92	92 Desportivo Náutico da Marinha	<b>2:16.16</b> 36.07 150m: 1:45.27 39.35 200m: 2:16.16	574 30.89
2. SANTOS, Afonso Lopes 50m: 29.66 29.66 100m: 1:06.04	95 Bombeiros V. Caldas Rainha	<b>2:17.87</b> 36.38 150m: 1:45.91 39.87 200m: 2:17.87	553 31.96
3. LOPES, Ivo Andre 50m: 30.72 30.72 100m: 1:07.41	94 Scalabisport	<b>2:25.48</b> 36.69 150m: 1:52.07 44.66 200m: 2:25.48	470 33.41

SECRETARIADO  
Raquel Soeiro

JUIZ ARBITRO

V Troféu Praia da Nazaré  
Nazaré, 28.11.2009

Prova 2, Masc., 200m Estilos, Absolutos

Lugar	Ano	Tempo final	Pts
4. SILVA, Diogo Miguel 50m: 32.47 32.47 100m: 1:11.99 39.52 150m: 1:53.90 41.91 200m: 2:28.70 34.80	95 Uniao Piedense	<b>2:28.70</b>	440
5. CARMO, Rodrigo Silverio 50m: 33.83 33.83 100m: 1:11.99 38.16 150m: 1:55.34 43.35 200m: 2:29.99 34.65	96 Colégio Vasco da Gama	<b>2:29.99</b>	429
6. SANTINHO, Pedro Daniel 50m: 32.37 32.37 100m: 1:12.14 39.77 150m: 1:56.13 43.99 200m: 2:31.59 35.46	93 Uniao Piedense	<b>2:31.59</b>	416
7. ALMEIDA, Joao Petinga de 50m: 32.37 32.37 100m: 1:12.47 40.10 150m: 1:58.78 46.31 200m: 2:32.54 33.76	94 Clube Naval da Nazaré	<b>2:32.54</b>	408
8. RELVA, Flavio Cardoso 50m: 33.71 33.71 100m: 1:13.59 39.88 150m: 1:58.83 45.24 200m: 2:33.44 34.61	93 Bairro dos Anjos	<b>2:33.44</b>	401
9. GABOLEIRO, Filipe Alexandre 50m: 32.85 32.85 100m: 1:15.72 42.87 150m: 2:01.16 45.44 200m: 2:35.94 34.78	96 Rio Maior	<b>2:35.94</b>	382
10. MARTINS, Nuno Miguel 50m: 34.04 34.04 100m: 1:14.09 40.05 150m: 2:01.34 47.25 200m: 2:36.29 34.95	96 Palmela Desporto.EM	<b>2:36.29</b>	379
11. SOUSA, Tiago Sequeira 50m: 36.77 36.77 100m: 1:17.27 40.50 150m: 2:03.84 46.57 200m: 2:40.13 36.29	96 Académico de Leiria	<b>2:40.13</b>	353
12. REIS, Leonardo Peralta 50m: 38.68 38.68 100m: 1:21.46 42.78 150m: 2:08.10 46.64 200m: 2:46.36 38.26	96 Benedita Sport Club Natação	<b>2:46.36</b>	315
13. LAUREANO, Alexandre Miguel 50m: 39.00 39.00 100m: 1:25.50 46.50 150m: 2:15.34 49.84 200m: 2:49.38 34.04	97 Natação de Alcobaça	<b>2:49.38</b>	298
14. SANTOS, Joao Paris 50m: 39.06 39.06 100m: 1:24.10 45.04 150m: 2:13.68 49.58 200m: 2:49.60 35.92	97 Pimpões/Cimai	<b>2:49.60</b>	297
DSQ HULLIY, Vladyslav <i>Falsa Partida</i>	97 Núcleo Pombal		
EXH CARMO, Goncalo Barros 50m: 33.42 33.42 100m: 1:13.21 39.79 150m: 2:00.32 47.11 200m: 2:33.00 32.68	96 Colégio Vasco da Gama	<b>2:33.00</b>	404
EXH MECA, David Sousa 50m: 40.78 40.78 100m: 1:26.39 45.61 150m: 2:19.02 52.63 200m: 2:58.61 39.59	96 Clube Naval da Nazaré	<b>2:58.61</b>	254
EXH FERREIRA, Theo Jesus 50m: 40.06 40.06 100m: 1:27.56 47.50 150m: 2:23.46 55.90 200m: 3:03.38 39.92	96 Clube Naval da Nazaré	<b>3:03.38</b>	235
EXH CATRAIO, Rodrigo Manuel 50m: 40.18 40.18 100m: 1:30.93 50.75 150m: 2:30.44 59.51 200m: 3:07.22 36.78	94 Clube Naval da Nazaré	<b>3:07.22</b>	221
EXH MESQUITA, Joao Manuel 50m: 46.81 46.81 100m: 1:37.64 50.83 150m: 2:32.61 54.97 200m: 3:15.34 42.73	97 Clube Naval da Nazaré	<b>3:15.34</b>	194

Prova 3  
28.11.09 - 15:30

Femin., 200m Livres

Absolutos  
Resultados

Pontos: FINA 2009

Lugar	Ano	Tempo final	Pts
1. GASPAR, Joana Margarida 50m: 32.64 32.64 100m: 1:08.54 35.90 150m: 1:44.65 36.11 200m: 2:20.27 35.62	92 Desportivo Náutico da Marinha	<b>2:20.27</b>	530
2. DINIS, Patricia Santos 50m: 33.27 33.27 100m: 1:09.73 36.46 150m: 1:45.64 35.91 200m: 2:22.51 36.87	95 Bombeiros V. Caldas Rainha	<b>2:22.51</b>	505
3. CENTENO, Maria Carolina 50m: 33.67 33.67 100m: 1:10.59 36.92 150m: 1:48.40 37.81 200m: 2:23.80 35.40	97 Colégio Vasco da Gama	<b>2:23.80</b>	492

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Prova 3, Femin., 200m Livres, Absolutos

Lugar	Ano	Tempo final	Pts
4. SEQUEIRA, Beatriz Nogueira 50m: 33.54 33.54 100m: 1:10.11	97 Uniao Piedense	<b>2:24.75</b> 200m: 2:24.75	482 37.20
5. MONTEIRO, Joana Margarida 50m: 33.05 33.05 100m: 1:09.43	91 Pimpões/Cimai	<b>2:25.31</b> 200m: 2:25.31	476 37.73
6. CARVALHO, Jessica Andreia 50m: 33.80 33.80 100m: 1:11.73	96 Bairro dos Anjos	<b>2:28.26</b> 200m: 2:28.26	449 37.74
7. DUARTE, Stacy Da Silva 50m: 35.00 35.00 100m: 1:13.32	94 Bairro dos Anjos	<b>2:31.86</b> 200m: 2:31.86	417 38.60
8. CONDECO, Luisa Martins 50m: 34.83 34.83 100m: 1:13.72	96 Scalabisport	<b>2:32.99</b> 200m: 2:32.99	408 39.21
9. LUIS, Maria Anastacio 50m: 36.37 36.37 100m: 1:15.63	96 Benedita Sport Club Natação	<b>2:33.58</b> 200m: 2:33.58	404 38.49
10. PEREIRA, Cristiana Maria 50m: 35.48 35.48 100m: 1:14.66	97 Natação de Alcobaça	<b>2:34.39</b> 200m: 2:34.39	397 38.63
11. LUIS, Beatriz Oliveira 50m: 35.25 35.25 100m: 1:15.08	97 Pimpões/Cimai	<b>2:35.01</b> 200m: 2:35.01	392 39.17
12. AMARAL, Ines Ricardo 50m: 37.01 37.01 100m: 1:16.95	95 Clube Naval da Nazaré	<b>2:36.71</b> 200m: 2:36.71	380 39.45
13. CEREJO, Barbara Amaro 50m: 35.70 35.70 100m: 1:15.22	97 Clube Naval da Nazaré	<b>2:37.13</b> 200m: 2:37.13	377 40.45
14. EUSEBIO, Catia Sousa 50m: 39.68 39.68 100m: 1:24.59	96 Bombeiros V. Caldas Rainha	<b>2:56.28</b> 200m: 2:56.28	267 45.25
15. FERNANDES, Joana Maria 50m: 40.96 40.96 100m: 1:27.52	97 Núcleo Pombal	<b>2:58.32</b> 200m: 2:58.32	258 43.73
16. LOURENCO, Sara Patricia 50m: 40.34 40.34 100m: 1:25.81	97 Académico de Leiria	<b>2:59.49</b> 200m: 2:59.49	253 46.62
EXH FERNANDES, Rita Silva 50m: 35.83 35.83 100m: 1:14.50	96 Colégio Vasco da Gama	<b>2:31.37</b> 200m: 2:31.37	421 37.42
EXH ROLO, Mariana Galego 50m: 38.43 38.43 100m: 1:19.98	97 Clube Naval da Nazaré	<b>2:47.08</b> 200m: 2:47.08	313 42.51
EXH MACATRAO, Cassandra Pereira 50m: 41.07 41.07 100m: 1:27.76	98 Clube Naval da Nazaré	<b>3:00.00</b> 200m: 3:00.00	251 1:32.24
EXH NUNES, Valeria Carina 50m: 41.80 41.80 100m: 1:30.19	98 Clube Naval da Nazaré	<b>3:05.29</b> 200m: 3:05.29	230 46.37
EXH BATISTA, Catia Sofia 50m: 47.14 47.14 100m: 1:47.93	98 Clube Naval da Nazaré	<b>3:54.58</b> 200m: 3:54.58	113 1:01.18

V Troféu Praia da Nazaré  
Nazaré, 28.11.2009

Prova 4 Masc., 200m Livres Absolutos  
28.11.09 - 15:40 Resultados

Pontos: FINA 2009

Lugar	Ano	Tempo final	Pts
1. NORTE, Filipe Franco 50m: 27.78 27.78 100m: 58.55	93 Desportivo Náutico da Marinha	<b>2:02.99</b> 30.77 150m: 1:30.89 32.34 200m: 2:02.99	573 32.10
2. GONCALVES, Eduardo Jose 50m: 28.96 28.96 100m: 1:01.19	93 Scalabisport	<b>2:07.45</b> 32.23 150m: 1:35.06 33.87 200m: 2:07.45	515 32.39
3. BRAS, Diamantino Gato 50m: 29.58 29.58 100m: 1:01.62	92 Uniao Piedense	<b>2:08.15</b> 32.04 150m: 1:35.20 33.58 200m: 2:08.15	507 32.95
4. SALDANHA, Marcelo Santos 50m: 29.23 29.23 100m: 1:02.37	94 Bombeiros V. Caldas Rainha	<b>2:08.76</b> 33.14 150m: 1:35.88 33.51 200m: 2:08.76	499 32.88
5. SARAGOCA, Joao Bernardo 50m: 29.95 29.95 100m: 1:03.40	95 Scalabisport	<b>2:10.21</b> 33.45 150m: 1:37.78 34.38 200m: 2:10.21	483 32.43
6. SOUSA, Daniel Ribeiro 50m: 30.57 30.57 100m: 1:05.70	95 Desportivo Náutico da Marinha	<b>2:13.37</b> 35.13 150m: 1:40.74 35.04 200m: 2:13.37	449 32.63
7. CARVALHO, Henrique Mata 50m: 31.69 31.69 100m: 1:05.64	92 Bombeiros V. Caldas Rainha	<b>2:15.08</b> 33.95 150m: 1:40.52 34.88 200m: 2:15.08	433 34.56
8. SILVA, Luis Miguel 50m: 29.31 29.31 100m: 1:03.44	94 Palmela Desporto.EM	<b>2:15.22</b> 34.13 150m: 1:39.83 36.39 200m: 2:15.22	431 35.39
9. VARELA, Edgar Ramos 50m: 30.61 30.61 100m: 1:04.38	95 Uniao Piedense	<b>2:15.34</b> 33.77 150m: 1:39.28 34.90 200m: 2:15.34	430 36.06
10. MARQUES, Filipe Miguel 50m: 30.99 30.99 100m: 1:03.36	86 Rio Maior	<b>2:16.58</b> 32.37 150m: 1:38.61 35.25 200m: 2:16.58	418 37.97
11. ALMEIDA, Joao Petinga de 50m: 31.49 31.49 100m: 1:05.85	94 Clube Naval da Nazaré	<b>2:17.27</b> 34.36 150m: 1:41.29 35.44 200m: 2:17.27	412 35.98
12. TABORDA, Bruno Filipe 50m: 31.32 31.32 100m: 1:07.11	95 Bairro dos Anjos	<b>2:18.36</b> 35.79 150m: 1:44.44 37.33 200m: 2:18.36	403 33.92
13. TOMAS, Edgar Neves 50m: 32.60 32.60 100m: 1:08.88	94 Pimpões/Cimai	<b>2:19.01</b> 36.28 150m: 1:44.54 35.66 200m: 2:19.01	397 34.47
14. CUNHA, Lourenco Manuel 50m: 33.61 33.61 100m: 1:10.37	96 Académico de Leiria	<b>2:23.96</b> 36.76 150m: 1:47.76 37.39 200m: 2:23.96	357 36.20
15. LAUREANO, Alexandre Miguel 50m: 35.08 35.08 100m: 1:12.28	97 Natação de Alcobaça	<b>2:23.97</b> 37.20 150m: 1:49.50 37.22 200m: 2:23.97	357 34.47
16. BAPTISTA, João Paulo 50m: 38.30 38.30 100m: 1:19.34	95 Benedita Sport Club Natação	<b>2:41.39</b> 41.04 150m: 2:00.76 41.42 200m: 2:41.39	254 40.63
17. GONCALVES, Joao Courelas 50m: 36.85 36.85 100m: 1:18.72	97 Núcleo Pombal	<b>2:46.28</b> 41.87 150m: 2:03.13 44.41 200m: 2:46.28	232 43.15
18. FONSECA, Joao Rafael 50m: 40.24 40.24 100m: 1:23.49	97 Rio Maior	<b>2:51.76</b> 43.25 150m: 2:07.82 44.33 200m: 2:51.76	210 43.94
19. PINTO, Carlos Miguel 50m: 37.07 37.07 100m: 1:21.15	97 Palmela Desporto.EM	<b>2:55.99</b> 44.08 150m: 2:08.06 46.91 200m: 2:55.99	196 47.93
DSQ LUIS, David Rodrigues <i>Falsa Partida</i>	95 Colégio Vasco da Gama		
EXH CARMO, Goncalo Barros 50m: 30.47 30.47 100m: 1:04.83	96 Colégio Vasco da Gama	<b>2:13.62</b> 34.36 150m: 1:40.47 35.64 200m: 2:13.62	447 33.15
EXH BABURKO, Maksym 50m: 36.91 36.91 100m: 1:17.10	96 Clube Naval da Nazaré	<b>2:39.29</b> 40.19 150m: 1:59.03 41.93 200m: 2:39.29	264 40.26

V Troféu Praia da Nazaré  
Nazaré, 28.11.2009

Prova 4, Masc., 200m Livres

Lugar	Ano	Tempo final	Pts
EXH FIGUEIREDO, David Filipe	97 Pimpões/Cimai	<b>2:49.77</b>	218
50m: 38.70 38.70 100m: 1:22.22 43.52 150m: 2:06.87 44.65 200m: 2:49.77 42.90			
EXH ROLO, Pedro Sanches	97 Palmela Desporto.EM	<b>3:03.81</b>	172
50m: 40.83 40.83 100m: 1:28.62 47.79 150m: 2:18.10 49.48 200m: 3:03.81 45.71			

Prova 5  
28.11.09 - 15:50

Femin., 200m Bruços

Absolutos  
Resultados

Pontos: FINA 2009

Lugar	Ano	Tempo final	Pts
1. SANTOS, Joana Dias	96 Uniao Piedense	<b>2:51.21</b>	534
50m: 38.30 38.30 100m: 1:22.25 43.95 150m: 2:06.92 44.67 200m: 2:51.21 44.29			
2. RODRIGUES, Ines Simoes	96 Scalabisport	<b>2:51.33</b>	533
50m: 39.57 39.57 100m: 1:22.60 43.03 150m: 2:06.89 44.29 200m: 2:51.33 44.44			
3. LEAL, Patricia Alexandra	94 Desportivo Náutico da Marinha	<b>2:57.54</b>	479
50m: 40.39 40.39 100m: 1:25.98 45.59 150m: 2:11.99 46.01 200m: 2:57.54 45.55			
4. VALENTE, Mafalda Domingues	96 Desportivo Náutico da Marinha	<b>3:01.23</b>	450
50m: 41.88 41.88 100m: 1:27.80 45.92 150m: 2:14.75 46.95 200m: 3:01.23 46.48			
5. DIAS, Jennifer Martins	96 Bombeiros V. Caldas Rainha	<b>3:01.28</b>	450
50m: 43.15 43.15 100m: 1:29.14 45.99 150m: 2:15.54 46.40 200m: 3:01.28 45.74			
6. RELVA, Melissa Cardoso	97 Académico de Leiria	<b>3:15.31</b>	360
50m: 46.05 46.05 100m: 1:35.58 49.53 150m: 2:25.68 50.10 200m: 3:15.31 49.63			
7. DUARTE, Ines Serra	98 Clube Naval da Nazaré	<b>3:18.97</b>	340
50m: 46.44 46.44 100m: 1:37.32 50.88 150m: 2:28.49 51.17 200m: 3:18.97 50.48			
8. MALLEEN, Julia Rodrigues	96 Colégio Vasco da Gama	<b>3:19.82</b>	336
50m: 46.32 46.32 100m: 1:37.60 51.28 150m: 2:29.86 52.26 200m: 3:19.82 49.96			
9. AMARAL, Ines Ricardo	95 Clube Naval da Nazaré	<b>3:20.41</b>	333
50m: 46.80 46.80 100m: 1:37.64 50.84 150m: 2:29.94 52.30 200m: 3:20.41 50.47			
10. DIONISIO, Catarina Ferreira	95 Bairro dos Anjos	<b>3:21.86</b>	326
50m: 45.84 45.84 100m: 1:37.74 51.90 150m: 2:29.85 52.11 200m: 3:21.86 52.01			
11. DELGADO, Ines Baptista	97 Natação de Alcobaça	<b>3:24.80</b>	312
50m: 46.96 46.96 100m: 1:38.53 51.57 150m: 2:32.33 53.80 200m: 3:24.80 52.47			
12. REBELO, Patricia Pimenta	98 Benedita Sport Club Natação	<b>3:32.72</b>	278
50m: 48.13 48.13 100m: 1:42.36 54.23 150m: 2:38.86 56.50 200m: 3:32.72 53.86			
13. HENRIQUES, Carolina Quintas	97 Núcleo Pombal	<b>3:41.11</b>	248
50m: 51.89 51.89 100m: 1:47.84 55.95 150m: 2:45.56 57.72 200m: 3:41.11 55.55			
DSQ BATISTA, Catia Sofia	98 Clube Naval da Nazaré		
<i>Não terminou a prova</i>			
EXH CENTENO, Maria Carolina	97 Colégio Vasco da Gama	<b>3:09.23</b>	395
50m: 44.17 44.17 100m: 1:33.14 48.97 150m: 2:22.34 49.20 200m: 3:09.23 46.89			
EXH ROLO, Mariana Galego	97 Clube Naval da Nazaré	<b>3:34.22</b>	272
50m: 49.03 49.03 100m: 1:43.01 53.98 150m: 2:39.76 56.75 200m: 3:34.22 54.46			

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Prova 6  
28.11.09 - 16:00

Masc., 200m Bruços

Absolutos  
Resultados

Pontos: FINA 2009

Lugar	Ano	Tempo final	Pts
1. MENDES, Joao Pedro 50m: 34.48 34.48 100m: 1:13.44	92 Desportivo Náutico da Marinha	<b>2:32.46</b> 200m: 2:32.46	540 39.51
2. SANTOS, Afonso Lopes 50m: 36.60 36.60 100m: 1:18.26	95 Bombeiros V. Caldas Rainha	<b>2:41.23</b> 200m: 2:41.23	457 41.16
3. DIAS, Jose Manuel 50m: 36.71 36.71 100m: 1:18.02	94 Uniao Piedense	<b>2:41.43</b> 200m: 2:41.43	455 41.05
4. VITORINO, Miguel Angelo 50m: 36.92 36.92 100m: 1:17.56	90 Rio Maior	<b>2:43.15</b> 200m: 2:43.15	441 43.82
5. SANTINHO, Pedro Daniel 50m: 38.30 38.30 100m: 1:21.42	93 Uniao Piedense	<b>2:50.29</b> 200m: 2:50.29	388 44.33
6. CAMEIRAO, Duarte Rosa 50m: 38.71 38.71 100m: 1:21.90	94 Rio Maior	<b>2:50.55</b> 200m: 2:50.55	386 43.34
7. RELVA, Flavio Cardoso 50m: 39.08 39.08 100m: 1:23.78	93 Bairro dos Anjos	<b>2:54.82</b> 200m: 2:54.82	358 45.40
8. DUARTE, Joao Filipe 50m: 41.18 41.18 100m: 1:27.16	95 Scalabisport	<b>3:01.44</b> 200m: 3:01.44	321 47.54
9. REIS, Leonardo Peralta 50m: 41.85 41.85 100m: 1:29.49	96 Benedita Sport Club Natação	<b>3:02.19</b> 200m: 3:02.19	317 45.48
10. GOMES, Joao Andre 50m: 42.60 42.60 100m: 1:29.98	97 Natação de Alcobaça	<b>3:02.25</b> 200m: 3:02.25	316 45.50
11. COSTA, Filipe Andre 50m: 40.10 40.10 100m: 1:25.22	94 Palmela Desporto.EM	<b>3:02.73</b> 200m: 3:02.73	314 49.09
12. FERREIRA, Rodrigo Lourenco 50m: 41.71 41.71 100m: 1:28.88	95 Colégio Vasco da Gama	<b>3:04.33</b> 200m: 3:04.33	306 47.47
13. LOPES, Pedro Joaquinho 50m: 40.48 40.48 100m: 1:28.41	96 Académico de Leiria	<b>3:05.88</b> 200m: 3:05.88	298 47.28
14. SANTOS, Nuno Miguel 50m: 42.12 42.12 100m: 1:29.98	97 Pimpões/Cimai	<b>3:07.11</b> 200m: 3:07.11	292 47.88
15. MECA, David Sousa 50m: 42.88 42.88 100m: 1:32.83	96 Clube Naval da Nazaré	<b>3:16.62</b> 200m: 3:16.62	252 52.05
16. GOMES, Vasco Gameiro 50m: 51.32 51.32 100m: 1:50.57	97 Núcleo Pombal	<b>3:49.72</b> 200m: 3:49.72	158 58.95
EXH SILVA, Diogo Miguel 50m: 35.77 35.77 100m: 1:16.80	95 Uniao Piedense	<b>2:39.54</b> 200m: 2:39.54	472 40.70
EXH COSTA, Joao Couto 50m: 41.94 41.94 100m: 1:28.11	95 Colégio Vasco da Gama	<b>3:01.12</b> 200m: 3:01.12	322 46.29
EXH MONTEIRO, Cristovao Dinis 50m: 42.74 42.74 100m: 1:29.37	95 Bombeiros V. Caldas Rainha	<b>3:05.74</b> 200m: 3:05.74	299 47.95
EXH BABURKO, Maksym 50m: 48.60 48.60 100m: 1:42.18	96 Clube Naval da Nazaré	<b>3:31.33</b> 200m: 3:31.33	203 53.17
EXH PEREIRA, Bernardo Gamito 50m: 51.75 51.75 100m: 1:50.40	97 Palmela Desporto.EM	<b>3:53.20</b> 200m: 3:53.20	151 59.25

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Prova 7  
28.11.09 - 16:20

Femin., 200m Costas

Absolutos  
Resultados

Pontos: FINA 2009

Lugar	Ano	Tempo final	Pts
1. SILVA, Mara Lisboa e 50m: 34.22 34.22 100m: 1:10.45	93 Bairro dos Anjos	<b>2:23.32</b> 36.23 150m: 1:47.11 36.66 200m: 2:23.32	630 36.21
2. MIRANDA, Ana Marta 50m: 36.13 36.13 100m: 1:15.11	96 Uniao Piedense	<b>2:31.96</b> 38.98 150m: 1:54.05 38.94 200m: 2:31.96	529 37.91
3. CLARA, Catia Andreia 50m: 37.14 37.14 100m: 1:16.09	95 Desportivo Náutico da Marinha	<b>2:36.49</b> 38.95 150m: 1:56.72 40.63 200m: 2:36.49	484 39.77
4. DINIS, Patricia Santos 50m: 36.89 36.89 100m: 1:17.44	95 Bombeiros V. Caldas Rainha	<b>2:38.07</b> 40.55 150m: 1:58.08 40.64 200m: 2:38.07	470 39.99
5. ELOI, Ana Monica 50m: 38.17 38.17 100m: 1:18.58	96 Desportivo Náutico da Marinha	<b>2:41.07</b> 40.41 150m: 1:59.95 41.37 200m: 2:41.07	444 41.12
6. CONDECO, Luisa Martins 50m: 40.28 40.28 100m: 1:22.33	96 Scalabisport	<b>2:46.63</b> 42.05 150m: 2:05.54 43.21 200m: 2:46.63	401 41.09
7. LOUSADA, Ana Lucia 50m: 39.56 39.56 100m: 1:21.01	96 Colégio Vasco da Gama	<b>2:46.83</b> 41.45 150m: 2:03.92 42.91 200m: 2:46.83	400 42.91
8. CARVALHO, Jessica Andreia 50m: 39.40 39.40 100m: 1:22.63	96 Bairro dos Anjos	<b>2:48.89</b> 43.23 150m: 2:06.47 43.84 200m: 2:48.89	385 42.42
9. JOAO, Adriana Duarte 50m: 41.01 41.01 100m: 1:23.13	97 Natação de Alcobaça	<b>2:49.85</b> 42.12 150m: 2:06.76 43.63 200m: 2:49.85	379 43.09
10. MONTEIRO, Joana Margarida 50m: 41.34 41.34 100m: 1:24.88	91 Pimpões/Cimai	<b>2:51.26</b> 43.54 150m: 2:08.31 43.43 200m: 2:51.26	369 42.95
11. LUIS, Beatriz Oliveira 50m: 41.07 41.07 100m: 1:24.33	97 Pimpões/Cimai	<b>2:51.40</b> 43.26 150m: 2:09.03 44.70 200m: 2:51.40	368 42.37
12. CEREJO, Barbara Amaro 50m: 40.41 40.41 100m: 1:23.95	97 Clube Naval da Nazaré	<b>2:52.04</b> 43.54 150m: 2:08.37 44.42 200m: 2:52.04	364 43.67
13. LINDO, Filipa Paulo 50m: 42.11 42.11 100m: 1:26.05	96 Benedita Sport Club Natação	<b>2:55.41</b> 43.94 150m: 2:11.21 45.16 200m: 2:55.41	344 44.20
14. DUARTE, Kelly Silva 50m: 42.84 42.84 100m: 1:28.17	97 Académico de Leiria	<b>2:57.73</b> 45.33 150m: 2:13.72 45.55 200m: 2:57.73	330 44.01
15. EUSEBIO, Catia Sousa 50m: 44.21 44.21 100m: 1:31.12	96 Bombeiros V. Caldas Rainha	<b>3:05.16</b> 46.91 150m: 2:18.20 47.08 200m: 3:05.16	292 46.96
16. DUARTE, Mariana Jorge 50m: 45.66 45.66 100m: 1:35.27	97 Núcleo Pombal	<b>3:15.83</b> 49.61 150m: 2:26.04 50.77 200m: 3:15.83	247 49.79
EXH FRANCO, Rita Bertrand 50m: 43.15 43.15 100m: 1:27.98	97 Colégio Vasco da Gama	<b>2:58.85</b> 44.83 150m: 2:14.61 46.63 200m: 2:58.85	324 44.24

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Prova 8  
28.11.09 - 16:30

Masc., 200m Costas

Absolutos  
Resultados

Pontos: FINA 2009

Lugar	Ano	Tempo final	Pts
1. NORTE, Filipe Franco 50m: 32.02 32.02 100m: 1:06.41	93 Desportivo Náutico da Marinha	<b>2:15.98</b> 2:15.98	522 34.50
2. LOPES, Ivo Andre 50m: 33.21 33.21 100m: 1:07.81	94 Scalabisport	<b>2:19.76</b> 2:19.76	481 35.89
3. CARMO, Rodrigo Silverio 50m: 34.03 34.03 100m: 1:10.51	96 Colégio Vasco da Gama	<b>2:23.05</b> 2:23.05	449 35.83
4. CASTRO, Vasco Manuel 50m: 34.18 34.18 100m: 1:10.59	89 Rio Maior	<b>2:23.63</b> 2:23.63	443 36.31
5. SALDANHA, Marcelo Santos 50m: 34.31 34.31 100m: 1:10.91	94 Bombeiros V. Caldas Rainha	<b>2:24.71</b> 2:24.71	433 36.61
6. SOUSA, Daniel Ribeiro 50m: 34.71 34.71 100m: 1:12.18	95 Desportivo Náutico da Marinha	<b>2:25.39</b> 2:25.39	427 35.32
7. BRAS, Diamantino Gato 50m: 36.19 36.19 100m: 1:14.25	92 Uniao Piedense	<b>2:29.83</b> 2:29.83	390 36.98
8. SILVA, Luis Miguel 50m: 35.84 35.84 100m: 1:13.99	94 Palmela Desporto.EM	<b>2:30.15</b> 2:30.15	388 37.01
9. LOPES, Joao Baptista 50m: 36.24 36.24 100m: 1:16.33	95 Bairro dos Anjos	<b>2:36.60</b> 2:36.60	342 39.59
10. VICENTE, Andre Alexandre 50m: 35.32 35.32 100m: 1:13.37	94 Clube Naval da Nazaré	<b>2:40.59</b> 2:40.59	317 44.40
11. TOMAS, Edgar Neves 50m: 40.05 40.05 100m: 1:21.38	94 Pimpões/Cimai	<b>2:44.02</b> 2:44.02	298 40.88
12. GOMES, Daniel Faustino 50m: 38.70 38.70 100m: 1:21.69	96 Natação de Alcobaça	<b>2:47.61</b> 2:47.61	279 42.14
13. FELICIO, Jose Eduardo 50m: 40.38 40.38 100m: 1:22.72	97 Rio Maior	<b>2:48.79</b> 2:48.79	273 44.07
14. MARQUES, Fabio Ferreira 50m: 40.35 40.35 100m: 1:23.38	96 Académico de Leiria	<b>2:50.04</b> 2:50.04	267 42.38
EXH LUIS, David Rodrigues 50m: 34.45 34.45 100m: 1:12.60	95 Colégio Vasco da Gama	<b>2:28.04</b> 2:28.04	405 37.02
EXH FERRAZ, Francisco Maria 50m: 43.40 43.40 100m: 1:31.03	97 Pimpões/Cimai	<b>3:03.10</b> 3:03.10	214 44.63
EXH CATRAIO, Rodrigo Manuel 50m: 45.08 45.08 100m: 1:34.73	94 Clube Naval da Nazaré	<b>3:09.56</b> 3:09.56 1:34.83	193
EXH MENDES, Joao Curado 50m: 46.82 46.82 100m: 1:37.59	97 Clube Naval da Nazaré	<b>3:16.70</b> 3:16.70	173 47.80

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Prova 9  
28.11.09 - 16:40

Femin., 200m Mariposa

Absolutos  
Resultados

Pontos: FINA 2009

Lugar	Ano	Tempo final	Pts
1. VALENTE, Ana Carolina 50m: 33.90 33.90 100m: 1:11.65	92 Desportivo Náutico da Marinha	<b>2:31.86</b>	541 39.03
2. TOMAS, Diana Filipa 50m: 34.54 34.54 100m: 1:14.26	94 Bairro dos Anjos	<b>2:38.63</b>	475 42.54
3. GOMES, Carolina Francisco 50m: 36.37 36.37 100m: 1:17.28	95 Clube Naval da Nazaré	<b>2:39.85</b>	464 39.71
4. PAULINO, Bruna Elisabete 50m: 35.99 35.99 100m: 1:16.76	97 Natação de Alcobaça	<b>2:40.18</b>	461 40.88
5. VALENTE, Mafalda Domingues 50m: 36.12 36.12 100m: 1:16.90	96 Desportivo Náutico da Marinha	<b>2:42.78</b>	439 41.90
6. RAPOSEIRO, Rita Sequeira 50m: 36.93 36.93 100m: 1:18.52	96 Uniao Piedense	<b>2:45.77</b>	416 43.30
7. DIAS, Jennifer Martins 50m: 39.11 39.11 100m: 1:22.14	96 Bombeiros V. Caldas Rainha	<b>2:50.47</b>	382 43.75
8. ANTUNES, Mariana Fernandes 50m: 38.80 38.80 100m: 1:22.66	95 Scalabisport	<b>2:54.77</b>	355 45.24
9. LOUSADA, Ana Lucia 50m: 37.06 37.06 100m: 1:21.14	96 Colégio Vasco da Gama	<b>2:55.34</b>	351 46.63
10. SILVA, Mariana Maia e 50m: 38.80 38.80 100m: 1:23.52	94 Pimpões/Cimai	<b>2:56.91</b>	342 46.27
11. LOPES, Clarisse Matos 50m: 42.57 42.57 100m: 1:31.95	98 Scalabisport	<b>3:12.87</b>	264 48.55
12. FERREIRA, Liliana Sofia 50m: 39.59 39.59 100m: 1:30.54	97 Pimpões/Cimai	<b>3:15.63</b>	253 50.89
13. DUARTE, Kelly Silva 50m: 43.74 43.74 100m: 1:35.24	97 Académico de Leiria	<b>3:25.62</b>	218 53.80
14. MARQUÃAS, Mariana Feliciano 50m: 43.95 43.95 100m: 1:38.69	96 Benedita Sport Club Natação	<b>3:29.44</b>	206 55.88
DSQ FRANCO, Rita Bertrand	97 Colégio Vasco da Gama		
<i>Aos 50 metros a nadadora tocou na parede com as mãos alternadas</i>			

Prova 10  
28.11.09 - 16:55

Masc., 200m Mariposa

Absolutos  
Resultados

Pontos: FINA 2009

Lugar	Ano	Tempo final	Pts
1. DIAS, Jose Manuel 50m: 31.46 31.46 100m: 1:08.06	94 Uniao Piedense	<b>2:21.93</b>	481 37.01
2. MARTINS, Antero Simao 50m: 31.94 31.94 100m: 1:08.20	94 Desportivo Náutico da Marinha	<b>2:24.84</b>	453 37.84
3. CARVALHO, Henrique Mata 50m: 34.06 34.06 100m: 1:11.53	92 Bombeiros V. Caldas Rainha	<b>2:30.38</b>	404 39.81
4. LUCAS, Ricardo Daniel 50m: 33.95 33.95 100m: 1:12.02	94 Scalabisport	<b>2:31.90</b>	392 39.90

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Prova 10, Masc., 200m Mariposa, Absolutos

Lugar	Ano	Tempo final	Pts
5. GABOLEIRO, Filipe Alexandre	96 Rio Maior	<b>2:32.96</b>	384
50m: 34.35 34.35 100m: 1:14.63 40.28 150m: 1:54.71 40.08 200m: 2:32.96 38.25			
6. BUGALHO, Jose Pedro	96 Natação de Alcobaça	<b>2:34.19</b>	375
50m: 34.69 34.69 100m: 1:13.82 39.13 150m: 1:54.50 40.68 200m: 2:34.19 39.69			
7. GOMES, Pedro dos Santos	95 Bairro dos Anjos	<b>2:43.49</b>	315
50m: 35.24 35.24 100m: 1:16.59 41.35 150m: 1:59.69 43.10 200m: 2:43.49 43.80			
8. FERNANDES, Tomas Risso	96 Colégio Vasco da Gama	<b>2:57.46</b>	246
50m: 39.19 39.19 100m: 1:23.53 44.34 150m: 2:11.15 47.62 200m: 2:57.46 46.31			
9. SOUSA, Tiago Sequeira	96 Académico de Leiria	<b>3:06.65</b>	211
50m: 39.04 39.04 100m: 1:27.30 48.26 150m: 2:18.33 51.03 200m: 3:06.65 48.32			
10. FERREIRA, Theo Jesus	96 Clube Naval da Nazaré	<b>3:07.99</b>	207
50m: 38.53 38.53 100m: 1:25.72 47.19 150m: 2:17.73 52.01 200m: 3:07.99 50.26			
11. SANTOS, Joao Paris	97 Pimpões/Cimai	<b>3:10.79</b>	198
50m: 39.33 39.33 100m: 1:28.39 49.06 200m: 3:10.79 1:42.40			
12. JERONIMO, Ricardo Contreiras	97 Núcleo Pombal	<b>3:19.09</b>	174
50m: 42.53 42.53 100m: 1:32.54 50.01 150m: 2:27.76 55.22 200m: 3:19.09 51.33			
13. BAPTISTA, João Paulo	95 Benedita Sport Club Natação	<b>3:24.26</b>	161
50m: 43.36 43.36 100m: 1:35.98 52.62 150m: 2:29.95 53.97 200m: 3:24.26 54.31			
EXH MONTEIRO, Cristovao Dinis	95 Bombeiros V. Caldas Rainha	<b>2:39.48</b>	339
50m: 34.35 34.35 100m: 1:14.59 40.24 150m: 1:56.88 42.29 200m: 2:39.48 42.60			
EXH COSTA, Joao Couto	95 Colégio Vasco da Gama	<b>3:11.17</b>	197
50m: 38.18 38.18 100m: 1:25.23 47.05 150m: 2:18.71 53.48 200m: 3:11.17 52.46			

Prova 11  
28.11.09 - 17:15

Femin., 4 x 100m Estilos

Absolutos  
Resultados

Pontos: FINA 2009

Lugar	Tempo final	Pts
1. Desportivo Náutico da Marinha 1	<b>4:54.37</b>	517
CLARA, Catia Andreia 95 36.68 1:15.12 VALENTE, Ana Carolina 92 32.98 1:10.46 LEAL, Patricia Alexandra 94 39.27 1:24.60 GASPARG, Joana Margarida 92 30.46 1:04.19		
2. Uniao Piedense 1	<b>4:59.36</b>	491
MIRANDA, Ana Marta 96 34.82 1:11.68 RAPOSEIRO, Rita Sequeira 96 36.47 1:16.71 SANTOS, Joana Dias 96 39.69 1:24.52 SEQUEIRA, Beatriz Nogueira 97 31.53 1:06.45		
3. Bairro dos Anjos 1	<b>5:07.40</b>	454
SILVA, Mara Lisboa e 93 33.75 1:09.01 DUARTE, Stacy Da Silva 94 36.05 1:19.79 TOMAS, Diana Filipa 94 41.55 1:27.68 DIONISIO, Catarina Ferreira 95 34.05 1:10.92		
4. Scalabisport 1	<b>5:10.35</b>	441
CONDECO, Luisa Martins 96 38.56 1:17.98 ANTUNES, Mariana Fernandes 95 38.04 1:20.44 CARDIGO, Erica Fontainhas 96 39.48 1:24.60 RODRIGUES, Ines Simoes 96 32.20 1:07.33		
5. Colégio Vasco da Gama 1	<b>5:18.20</b>	409
LOUSADA, Ana Lucia 96 38.56 1:18.63 CENTENO, Maria Carolina 97 35.95 FERNANDES, Rita Silva 96 43.85 1:32.54 MALLEEN, Julia Rodrigues 96		
6. Pimpões/Cimai 1	<b>5:24.54</b>	385
LUIS, Beatriz Oliveira 97 41.51 1:23.74 SILVA, Mariana Maia e 94 38.43 1:22.09 MONTEIRO, Joana Margarida 91 41.24 1:27.85 FERREIRA, Liliana Sofia 97 33.79 1:10.86		

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Prova 11, Femin., 4 x 100m Estilos, Absolutos

Lugar					Tempo final	Pts
7.	Natação de Alcobaça 1			Natação de Alcobaça	<b>5:28.36</b>	372
	JOAO, Adriana Duarte	97	40.45	1:22.42	PAULINO, Bruna Elisabete	97 37.30 1:16.58
	DELGADO, Ines Baptista	97	45.95	1:37.14	PEREIRA, Cristiana Maria	97 34.58 1:12.22
8.	Clube Naval da Nazaré 1			Clube Naval da Nazaré	<b>5:38.38</b>	340
	CEREJO, Barbara Amaro	97	39.88	1:22.26	GOMES, Carolina Francisco	95 36.20 1:18.10
	ROLO, Mariana Galego	97	48.91	1:43.95	AMARAL, Ines Ricardo	95 35.82 1:14.07
9.	Benedita Sport Club Natação 1			Benedita Sport Club Natação	<b>5:56.32</b>	291
	LINDO, Filipa Paulo	96	41.96	1:24.91	MARQUÃS, Mariana Feliciano	96 41.87 1:33.72
	REBELO, Patricia Pimenta	98	48.77	1:43.43	LUIS, Maria Anastacio	96 35.33 1:14.26
10.	Núcleo Pombal 1			Núcleo Pombal	<b>6:17.02</b>	246
	DUARTE, Mariana Jorge	97	45.73	1:34.49	HENRIQUES, Carolina Quintas	97 48.57 1:47.28
	MATIAS, Beatriz Duarte	97	43.94	1:33.79	FERNANDES, Joana Maria	97 37.38 1:21.46
EXH	Clube Naval da Nazaré 2			Clube Naval da Nazaré	<b>7:02.73</b>	174
	NUNES, Valeria Carina	98	49.48	1:38.89	DUARTE, Ines Serra	98
	BATISTA, Catia Sofia	98		1:11.79	MACATRAO, Cassandra Pereira	98

Prova 12  
28.11.09 - 17:35

Masc., 4 x 100m Estilos

Absolutos  
Resultados

Pontos: FINA 2009

Lugar					Tempo final	Pts
1.	Desportivo Náutico da Marinha 1			Desportivo Náutico da Marinha	<b>4:19.58</b>	508
	NORTE, Filipe Franco	93	30.91	1:02.95	MARTINS, Antero Simao	94
	MENDES, Joao Pedro	92		1:10.66	SOUSA, Daniel Ribeiro	95
2.	Uniao Piedense 1			Uniao Piedense	<b>4:25.27</b>	476
	SANTINHO, Pedro Daniel	93	34.66	1:10.21	DIAS, Jose Manuel	94
	SILVA, Diogo Miguel	95		1:14.17	BRAS, Diamantino Gato	92
3.	Rio Maior 1			Rio Maior	<b>4:31.41</b>	445
	CASTRO, Vasco Manuel	89	31.93	1:05.98	GABOLEIRO, Filipe Alexandre	96 33.29 1:11.07
	VITORINO, Miguel Angelo	90	34.51	1:13.75	MARQUES, Filipe Miguel	86 29.16 1:00.61
4.	Scalabisport 2			Scalabisport	<b>4:34.22</b>	431
	LOPES, Ivo Andre	94	32.47	1:05.97	LUCAS, Ricardo Daniel	94
	GONCALVES, Eduardo Jose	93		1:17.93	SARAGOCA, Joao Bernardo	95
5.	Bombeiros V. Caldas Rainha 1			Bombeiros V. Caldas Rainha	<b>4:36.27</b>	422
	SALDANHA, Marcelo Santos	94	33.58	1:08.65	CARVALHO, Henrique Mata	92
	SANTOS, Afonso Lopes	95		1:14.39	MONTEIRO, Cristovao Dinis	95
6.	Colégio Vasco da Gama 1			Colégio Vasco da Gama	<b>4:46.61</b>	378
	CARMO, Rodrigo Silverio	96	33.50	1:08.20	FERREIRA, Rodrigo Lourenco	95
	COSTA, Joao Couto	95		1:23.28	LUIS, David Rodrigues	95
7.	Bairro dos Anjos 1			Bairro dos Anjos	<b>4:58.08</b>	336
	TABORDA, Bruno Filipe	95	36.02	1:12.92	GOMES, Pedro dos Santos	95
	RELVA, Flavio Cardoso	93		1:22.74	LOPES, Joao Baptista	95
8.	Natação de Alcobaça 1			Natação de Alcobaça	<b>5:11.26</b>	295
	GOMES, Daniel Faustino	96	38.14	1:18.80	BUGALHO, Jose Pedro	96
	GOMES, Joao Andre	97		1:27.72	LAUREANO, Alexandre Miguel	97
9.	Académico de Leiria 1			Académico de Leiria	<b>5:25.92</b>	257
	SOUSA, Tiago Sequeira	96	37.67	1:17.44	MARQUES, Fabio Ferreira	96
	LOPES, Pedro Joaninho	96		1:28.11	CUNHA, Lourenco Manuel	96
10.	Pimpões/Cimai 1			Pimpões/Cimai	<b>5:46.80</b>	213
	FERRAZ, Francisco Maria	97	43.80	1:30.12	SANTOS, Joao Paris	97
	SANTOS, Nuno Miguel	97		1:30.94	FIGUEIREDO, David Filipe	97

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Prova 12, Masc., 4 x 100m Estilos, Absolutos

Lugar					Tempo final	Pts
11.	Núcleo Pombal 2			Núcleo Pombal	<b>6:06.36</b>	<b>181</b>
	GOMES, Vasco Gameiro	97	48.03	1:40.24	JERONIMO, Ricardo Contreiras	97 43.22 1:30.82
	HULLIY, Vladyslav	97	46.37	1:37.70	GONCALVES, Joao Courelas	97 1:17.60
EXH	Clube Naval da Nazaré 2			Clube Naval da Nazaré	<b>6:05.05</b>	<b>183</b>
	BABURKO, Maksym	96	41.33	1:24.84	FERREIRA, Theo Jesus	96 1:25.13
	MENDES, Joao Curado	97	54.38	1:57.71	MESQUITA, Joao Manuel	97 1:17.37